

Herts County Championships
Watford - 24 May 2014
Under 20 Men

100 Metres

CBP Nick Overhead Wat 10.3 1961

Posn	Num	Name	Club	Perf
Final		w/s +0.3		
1	6	Eliot Copperwhite	D&T	11.11
2	7	Luis Da-Silva	StA	11.15
3	28	George Yerbury	Wat	11.51
4	27	Mark Lee Whyte	D&T	11.56
5	15	Ben Moses	HPx	12.28

200 Metres

CBP Nick Overhead Wat 21.6 1961

Posn	Num	Name	Club	Perf
Final		w/s +0.4		
1	6	Eliot Copperwhite	D&T	22.21
2	28	George Yerbury	Wat	22.89
3	15	Ben Moses	HPx	24.1

400 Metres

CBP Russell Nicholls E&H 48.1 2002

Posn	Num	Name	Club	Perf
Final		with SM		
1	114	Aaron Cooper	HPx	52.14

800 Metres

CBP James McMurray StA 1:52.71 2012

Posn	Num	Name	Club	Perf
Final		with SM		
1	140	Samuel Jones	StA	01:54.54
2	182	Adam Thorpe	SBH	01:59.21
4	128	Sam Griffiths	SBH	02:01.58

110 Metres Hurdles

CBP Simon Wombwell HPx 14.5 2002

Posn	Num	Name	Club	Perf
Final		w/s +0.0		
1	57	Matthew Hall	SBH	15.69
2	53	Ayomide Byron	StA	16.41
3	62	David Spicer	SNH	18.75

400 Metres Hurdles

CBP Zak Saucedo E&H 53.62 2009

Posn	Num	Name	Club	Perf
Final		with SM		
1	61	Max Schopp	SNH	56.09
3	53	Ayomide Byron	StA	70.93

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Pole Vault

CBP Darren Neport Enf 4.40m 1997

CBP Daniel Gardner SNH 4.40m 2011

Posn	Num	Name	Club	Perf	Details
Final					
1	188	James Weller	D&T	3.60	3.60 xo, 3.80 xxx
2	165	Luke Redford	D&T	3.30	3.10 o, 3.20 o, 3.30 xxo, 3.40 xxx
3	57	Matthew Hall	SBH	2.80	2.00 o, 2.20 o, 2.35 o, 2.50 o, 2.65 o, 2.80 o, 2.95 xxx

Long Jump

CBP Kadeem Greenidge-Smith Harr 7.03 2009

Posn	Num	Name	Club	Perf	Details
Final					
1	15	Ben Moses	HPx	5.48	5.41/5.33/5.32/nj/5.05/5.48

Shot

CBP Robert Morris H&W 15.26m 1999

Posn	Num	Name	Club	Perf	Details
Final					
1	149	Matthew Mardle	SNH	9.36	8.41/9.36/nt/8.99/9.11/9.18
2	62	David Spicer	SNH	8.37	7.42/7.72/7.64/8.37/8.01/8.14/8.37
5k	120	Mitchell Dutton	StA	9.13	nt/8.66/9.13/nt/8.56/8.82

Discus

CBP Steve Watson WSEH 50.92 2010

Posn	Num	Name	Club	Perf	Details
Final					
1	120	Mitchell Dutton	StA	33.77	33.46/'nt/32.27/nt/nt/33.77
2	149	Matthew Mardle	SNH	26.78	26.78/nt/26.00/23.72/-/-
3	57	Matthew Hall	SBH	25.70	25.70/25.64/-/-/-

Javelin

CBP Philip Gregory Harr 59.10m 2005

Posn	Num	Name	Club	Perf	Details
Final					
1	150	Conor Martin	HPx	49.43	47.94/49.43/45.23/48.99/-/-
2	172	Patrick Semark	HPx	45.41	41.57/40.92/40.25/nt/41.60/45.41
3	149	Matthew Mardle	SNH	39.88	39.88/39.11/36.65/39.16/-/-
4	120	Mitchell Dutton	StA	33.95	33.95/33.23/-/-/-